

Colonoscopy with NuLYTELY Prep

You will need to buy:

- Dulcolax (bisacodyl) Laxative Tablets -- (4) tablets
- NuLYTELY Solution – Prescription provided

DAY BEFORE PROCEDURE

- **CLEAR LIQUIDS ONLY. NO SOLID FOOD DAY BEFORE PROCEDURE.**
Clear liquids: sodas, juices, coffee, tea, Gatorade, Kool-Aid, bouillion, broth, popsicles, Jell-o gelatin(**NO RED OR PURPLE LIQUIDS**). May drink clear liquids until midnight. **NO LIQUIDS AFTER MIDNIGHT, EXCEPT FOR 2ND DOSE OF PREP.**
- **4 P.M.**--Take Dulcolax (4) tablets.
- **5 P.M.**—Mix NuLYTELY to fill line as directed. Drink cup of solution every 15 minutes until **HALF THE JUG** is gone. **Save the remaining solution for a.m. dose.**

MORNING OF PROCEDURE

- **4:00 A.M.**—Drink the remaining half of the solution (one cup every 15 minutes) until it is all gone.
- Report to Dr. Yerra's office on an **empty stomach**. **HOLD ALL MEDICATIONS, INCLUDING INSULIN UNTIL AFTER THE PROCEDURE.** (May take **SEIZURE** meds.) Bring meds to office.
- **WE WILL NOT START YOUR PROCEDURE UNLESS A RESPONSIBLE DRIVER IS PRESENT!**
THEY MUST REMAIN THE ENTIRE PROCEDURE should any questions or emergencies arise. **YOU WILL NOT BE ABLE TO DRIVE AT ALL ON THE DAY OF PROCEDURE!**

SPECIAL INSTRUCTIONS

- **HOLD Aspirin, Coumadin, Warfarin, Plavix, Clopidogrel for (4) days** prior to procedure unless otherwise directed. These are blood thinners.
- If you are **diabetic**, **ONLY TAKE HALF DOSE OF INSULIN** the evening before your appointment. **DO NOT TAKE ANY INSULIN OR ORAL DIABETIC MEDS** the morning of your procedure. You may drink liquids with sugar in it to prevent your blood sugar from dropping too low the day before the procedure.
- **LEAVE JEWELRY AND OTHER VALUABLES AT HOME!**
- You may wear your dentures/ partials, but they **must be removed prior to your procedure.**

YOUR PROCEDURE IS SCHEDULED ON _____ at _____.