

# Halifax Gastroenterology, P.C.

## Endoscopy Center

1007 Gregory Drive  
Roanoke Rapids, NC 27870  
[www.halifaxgastro.com](http://www.halifaxgastro.com)

### ESOPHAGOGASTRODUODENOSCOPY (EGD)

#### **DAY BEFORE THE PROCEDURE:**

1. ABSOLUTELY NOTHING TO EAT OR DRINK AFTER MIDNIGHT.

#### **DAY OF THE PROCEDURE:**

1. **DO NOT TAKE INSULIN OR DIABETES MEDICATIONS.** Please take blood pressure, thyroid, and seizure medications with a small sip of water! Bring all meds to office.
2. **NOTHING TO EAT OR DRINK,** except small sip of water with medications listed above!
3. **WE WILL NOT START YOUR PROCEDURE UNLESS A RESPONSIBLE DRIVER IS PRESENT! THEY MUST REMAIN THE ENTIRE PROCEDURE** should any questions or emergencies arise. **YOU WILL NOT BE ABLE TO DRIVE AT ALL ON THE DAY OF PROCEDURE!**

#### **SPECIAL INSTRUCTIONS:**

1. **HOLD Aspirin, Coumadin, Warfarin, Plavix, Clopidogrel, and any other blood thinners for (4) days** prior to procedure unless otherwise directed.
2. If you are **diabetic, ONLY TAKE HALF DOSE OF INSULIN AT BEDTIME** because you will not be able to eat breakfast. **DO NOT TAKE ANY INSULIN OR ORAL DIABETIC MEDS** the morning of your procedure.
3. **LEAVE JEWELRY AND OTHER VALUABLES AT HOME.**
4. You may wear your dentures/ partials, but they **must be removed prior to your procedure.**

YOUR PROCEDURE IS SCHEDULED ON \_\_\_\_\_  
at \_\_\_\_\_.

**Please give our office at least 24 hrs notice for cancellations. Call 535-6478.**