

Preparing for PillCam SB Capsule Endoscopy

Your procedure has been scheduled on: _____

****Stop Taking Iron 5 Days Prior to Your Scheduled Procedure!!**

Day Before Procedure:

Begin clear liquid diet after lunch. Do not eat or drink anything after 8:00 P.M. the night prior to your procedure!!

Day of Procedure:

- **Do not take any medications beginning 2 hours prior to your procedure.**
- Wear a fitted T-shirt under your clothing. The PillCam Sensor belt will be applied over your T-shirt.
- Arrive at the office at: _____. It is very important that you arrive on time!
- You will be able to drink clear liquids 2 hours after swallowing the capsule and have a light lunch 4 hours after swallowing the capsule.

Suggestions for diabetics:

After you begin your clear liquid diet the day before the procedure, check your blood sugar and adjust your insulin accordingly. **Hold** your morning insulin and oral diabetic medications until diet is resumed.

Please give our office at least 24 hours notice for cancellations. Call 535-6478.